



Join Eating Recovery
Center and OLLU
Counseling Services for a
Community Event
with National Recovery
Advocate Jenni Schaefer

Wednesday, January 31st

Almost Anorexic: Do You Have an “Ed” in Your Head?

Jenni Schaefer will explain how the techniques that guided her to full recovery from her own eating disorder can help others who struggle, including those who don't have a full-blown illness.

Location:

**Our Lady of The Lake
University**
411 SW 24th Street
San Antonio, TX 787207

(Providence West Social Room)

Time:

7:30 pm – 9:30 pm

**The first 25 individuals to RSVP will receive a free copy of Jenni's book,
*Almost Anorexic.***

For RSVPs and questions, please contact Katie Bendel directly at Katie.Bendel@EatingRecovery.com or call 469-344-2022. Hope to see you there!

