

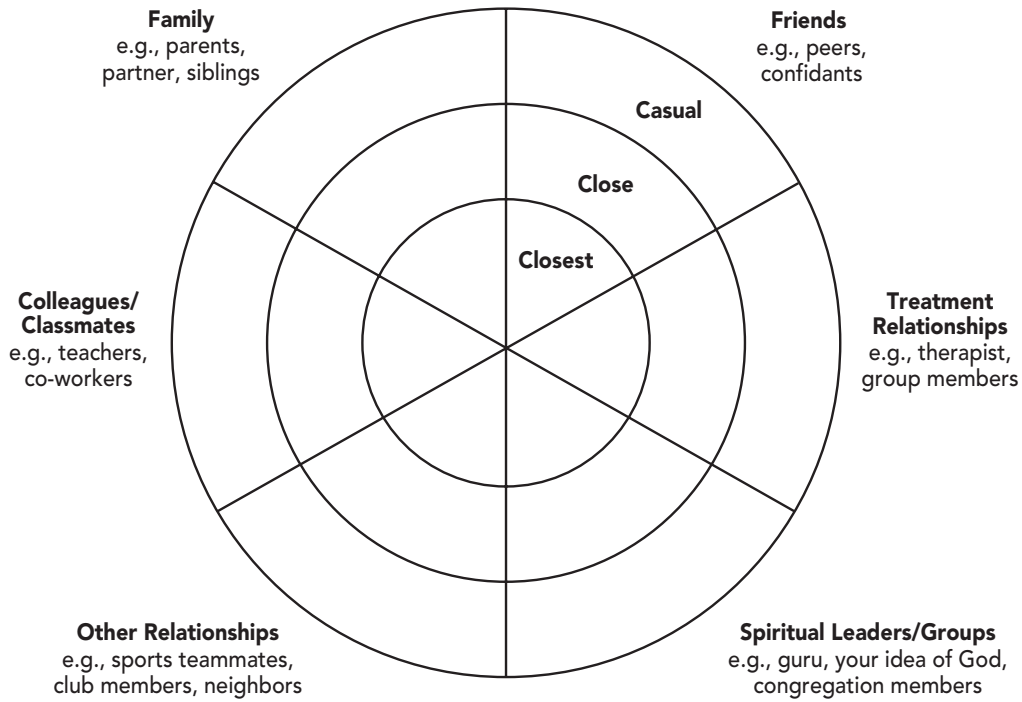
# ALMOST ANOREXIC

## Is My (or My Loved One's) Relationship with Food a Problem?

Jennifer J. Thomas, PhD, Harvard Medical School, and Jenni Schaefer

Figure 10.

### Your Social Support Network



Adapted from M.E. Berrett's "Reciprocal Social Support of Adolescents: An Assessment Model and Measure," 1985<sup>14</sup>

For more information about the book, visit [www.AlmostAnorexic.com](http://www.AlmostAnorexic.com).